

# HEALTH DEPARTMENT

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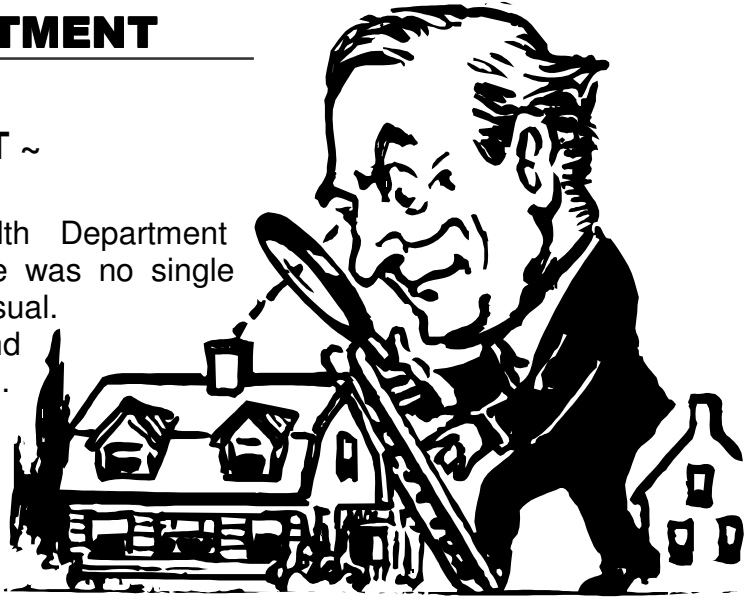
## ~ 2004 REPORT ~

In 2004, the Milford Health Department received normal complaints. There was no single complaint or issue that was unusual.

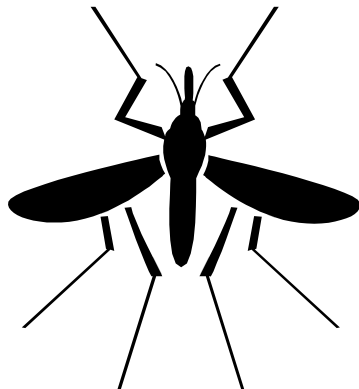
There were many inquiries and complaints about mold.

Investigations and methods to correct the mold problems were simple once the source of the moisture was located. To find out more about mold and how to remedy it, call the New Hampshire

Department of Environmental Services, Board of Environmental & Occupational Health Services at 271-3911 or on the web go to [www.des.state.nh.us/EOH](http://www.des.state.nh.us/EOH). They have helpful information on how to detect mold and what corrective actions can be taken to solve mold problems in your home.



Radon has been a problem in the northern part of Milford. There is an area within the boundary of Milford where a high concentration of radon has been found. Presently, there are no mandatory regulations or laws that require mitigation of radon in new or existing home once radon has been detected. It is recommended that the level of radon should not be above 4 Pico curies per liter (pCi/L) measured in the lowest portion of a home (a certified and/or qualified person should conduct testing). There are simple methods of mediating radon problems if they are detected. The New Hampshire Department of Environmental Services has information on radon available and they can be contacted at 271-4764 or on the web at [www.des.state.nh.us/EOH/Radon](http://www.des.state.nh.us/EOH/Radon).



As you are aware, over the past three years, West Nile Virus has been a public health concern. West Nile Virus is a seasonal problem that only occurs when mosquitoes are active. In 2004, we received very few calls related to West Nile Virus. There has been no change in the method of protection; bug repellent with DEET is the best precaution. West Nile Virus is now part of life in New Hampshire and normal precautions need to be followed. If in 2005 the testing of birds by the State starts up again, the Health Department will collect the birds and test them as is appropriate.

In closing, I would like to thank the residents of Milford for their understanding and cooperation. Hopefully 2005 will be a healthy year for you.

Kevin Lynch, Health Officer